

# Talking heads

## Rachel Green Chef

Rachel: Happy in any given situation...



### What was your first job in the industry?

The first job I ever had was as catering manager at Edinburgh Wanderers Rugby Club. A fantastic job for a 21 year old!

### What's the best bit about your job?

The variety. I never know what's going to happen when the phone rings. Each day is different and ultimately, something exciting happens every day.

### What was the first ever meal you made?

I remember my first cookery book was my *Learn to Cook* cookbook and I made tea for my family – Knickerbocker Glory and Ox-eye Eggs.

### What's your earliest memory?

Picking peas and pulling radishes with my dad, and radish sandwiches.

### What would you do if you weren't a chef?

I would be an actress. No different; a diva every time!

### What do you do to unwind after a hard day's work?

I go into the garden with my dogs Fudge and Billie and sort my vegetable garden out, pulling any produce that needs pulling.

### Been anywhere interesting lately?

The food festival at Leicester Market; they have a diverse range of produce and a fantastic selection of

all types of foods.

### Do you get your 5 A DAY?

Absolutely, I eat about seven or eight portions of fruit and vegetables a day. I always have a big salad every day and fresh strawberries this time of year, and various vegetables for dinner. Also, for one day a week I don't eat meat.

### If you were a fruit or vegetable, what would you be?

A pea, well rounded and juicy!

### What is the best food campaign you have worked on?

My commitment to food campaigns is fundamentally to support British agriculture. I'm from Lincolnshire farming stock, 14th generation in fact, and any campaign has to shout that ethos loud and clear. I work very closely with Select Lincolnshire, Tastes of Lincolnshire, Yes Peas! and the Traditional Farmfresh Turkey Association.

### What is your favourite meal?

A Lincoln Red fillet steak with béarnaise sauce with steamed British asparagus and English new potatoes dauphinoise. No calories in that then!

### Which TV programme depicts your humour best?

*Fawlty Towers*, the ultimate comedy, and *Gavin and Stacey*. Alison Steadman is genius.

### Who would be your perfect date?

George Clooney. No explanation required.

### What is your main ambition?

To wake up to the sound of my own voice! Seriously, I'd love to have my own food radio show. I've achieved so many things since I started as an outside caterer over 10 years ago so my ambition would be to continue educating as many people as possible about local produce. ■

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